

HEL CAAWINTA NEEFTA BILAASHKA EE CUNNUGAAGA

Caafimaadka Dadweynaha ee Degmada Dakota waxay leedahay koox kalkaaliyayaal tababaran si ay kaaga caawiyaan neefta qoyskaaga. Dhammaan carruurta qaba neefta, oo da 'doodu tahay 17 sano iyo ka yar kuna nool Degmada Dakota, waxay u qalmaan adeegyadeena bilaashka ah.

KOOXDEENU WAXAY KU SIINEYSAA:

- Booqashooyinka guriga ee bilaashka ah ee kalkaalisada Caafimaadka Dadweynaha.

INTA LAGU JIRO BOOQASHOOYINKA KOOXDEENA AYAA KAA CAAWIN KARA:

- Raadi siyaabo aad ku yareyn karto calaamadaha ilmahaaga.
- Baro kiciyeyaasha neefta ee gurigaaga.
- Baadh ilaha jaaliyadda.

ISKA-DIIWAANGELI BOOQASHOOYINKA GURIGA EE BILAASHKA AH:

- Wac 651-554-6115.
- Imaylka PHintake@co.dakota.mn.us.
- Iskaan-mari QR koodhka iyo foomka khadka tooska ah ee dhamaystiran.

https://dakotacountymn.gov/residents/health-medical/asthma

Waaxda Caafimaadka Dadweynaha ee Degmada Dakota
www.dakotacountymn.gov
(raadi "asthma program")

952-891-7500
publichealth@co.dakota.mn.us

Dakota County Public Health

DCPHD-HR-3036i (07/26)



GET FREE ASTHMA HELP FOR YOUR CHILD

Dakota County Public Health has a team of trained nurses to give you help with your family's asthma.

All children with asthma, who are 17 and younger and live in Dakota County, qualify for our free services.

OUR TEAM PROVIDES YOU WITH:

- Free home visits from a Public Health nurse.

DURING VISITS OUR TEAM CAN HELP YOU:

- Find ways to reduce your child's symptoms.
- Learn about asthma triggers in your home.
- Explore community resources.

SIGN UP FOR FREE HOME VISITS:

- Call 651-554-6115.
- Email PHintake@co.dakota.mn.us.
- Scan QR code and complete online form.

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