

Minnesota Health Plan Contacts and Incentives for Individuals and Families on Medical Assistance or MinnesotaCare

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Blue Plus

General Contacts

Member Services:

- 651-662-5545
- 1-800-711- 9862

Transportation:

Blue Ride Transportation

- 651-662-8648
- 1-866-340-8648, TTY711
- [BlueRide Transportation Request](#)
- Transportation is available for medically necessary WIC appointments such as baby weight and measurement. Please provide 2-3 days’ notice prior to the appointment.

Interpreter:

- American Sign Language (ASL) 711 (TTY)
- Spoken Language 1-800-711-9862
- Member service will connect member with language needed.

TTY/Hearing Impaired: 7-1-1

Website:

- <http://www.bluecrossmn.com/>

Healthy Pregnancy

Maternity Management

- 1-800-711-9862
- TTY/Hearing Impaired: 7-1-1

Maternity Management is an opt-in prenatal support program for pregnant women. Outreach frequency is determined by assessed pregnancy risk levels. Members opting in receive support and education from a dedicated registered nurse and online tools and resources. For more information, visit the webpage [Maternal Health Program](#).

\$75 gift cards are offered for:

- Earn a \$75 reward for completing one prenatal visit either in person or via telehealth.
- Earn a \$75 reward for completing your postpartum visit one to 12 weeks after you give birth.
- Access our vouchers online at [Reward Program from Blue Plus website](#).

Behavioral Health

Member Services:

- 651-662-5545
- 1-800-711-9862

Dental

Delta Dental of Minnesota:

- 651-406-5907
- 1-800-774-9049

Nurse Line

24/7 Nurse Line:

- 1-888-275-3974, TTY 711

Online Care:

- Visit [the Doctor on Demand](#) website for online care

Smoking Cessation

Members have access to our Wellness Coach, a phone-based support program.

To learn more or to sign up, members can call Blue Plus quitting tobacco and vaping support line at 1-855-552-2583, TTY 711 or visit the web page [Tobacco and Smoking Cessation Program](#).

Car Seat and Booster Seat Program

Infants and children under age 9 can receive a car seat or booster at no cost to you. Children aged 9 or older who are unable to pass Minnesota's Child Passenger Safety Law (5-point test) due to their size remain eligible for the car seat program.

Car Seat/Booster Seat Distribution Program:

Blue Plus works with counties and other agencies statewide to provide car and booster seats and related safety education to eligible Blue Plus members. *Restrictions Apply. Pregnant Blue Plus members are eligible at 7 months gestation. Members are eligible for one car seat and one booster seat through this Blue Plus program. Eligible members living in Anoka, Cook, Dakota, Hennepin, Ramsey, Scott, St Louis and Blue Earth counties can contact Everyday Miracles directly. All others can contact their local County Public Health office.

Child and Teen Checkups Incentives

[Healthy Rewards Program website](#)

HealthPartners

General Contacts

Member Services:

- 952-967-7998
- 1-866-885-8880 (TTY: 711)
- English and Spanish-speaking staff
- For Spanish, follow prompts to connect with a Spanish-speaking representative.
- For other languages, call Member Services line at 952-967-7998 and request an interpreter.

Transportation:

RideCare

- 952-883-7400
- 1-888-288-1439 (TTY: 711)
- Transportation is available for billable services such as medical and dental appointments; this typically does not include WIC appointments, please call for RideCare for more information.

Interpreter Services:

- For calls: Request an interpreter at start of phone call.
- For care: Clinic/Provider required to arrange services directly with interpreter agency. Members can request an interpreter when scheduling an appointment.

TTY/Hearing Impaired: 711

Website:

- <https://healthpartners.com/spp>

Healthy Pregnancy

Healthy Pregnancy Program:

- Call Member Services, or
- Visit [Pregnancy support and resources website](#)
- Ongoing support during members' pregnancies through our Healthy Pregnancy program. Members who participate in our Healthy Pregnancy Program can receive up to \$50 in gift cards.
- Members who complete their postpartum visit between 7 days and 12 weeks after birth can earn a \$25 gift card. Their health care provider needs to sign and return a voucher. The voucher can be found at [HealthPartners Rewards website](#).

Behavioral Health & Substance Use Disorder Services

Behavioral Health Navigators:

- 952-883-5811
- 1-888-638-8787 (TTY: 711)

Dental

Member Services:

- 952-967-7998
- 1-866-885-8880 (TTY: 711)

Nurse Line

CareLineSM (available 24/7/365):

- 612-339-3663
- 1-800-551-0859 (TTY: 711)

Baby Line (pregnancy or new baby care; available 24/7/365):

- 612-333-2229
- 1-800-845-9297 (TTY: 711)

Smoking Cessation

- Tobacco cessation program
- Free to HealthPartners members
- Members who complete all sessions may receive a \$75 gift card; pregnant members who complete all sessions are eligible for a \$200 gift card
- Call 952-883-7800 or 1-800-311-1052 to get started

Well-Being Coaching

- Free health coaching on a range of topics, including back health, nutrition, physical activity, sleep, stress, weight management, and more
- Members who complete 3 sessions will receive a \$75 gift card
- Call 952-883-7800 or 1-800-311-1052 to get started

Car Seat

Members ages 9 and younger can receive one car seat per lifetime. Pregnant members who are at least 6 months pregnant and adoptive parents are also eligible to receive a car seat, and additional car seats for multiples. Completion of a car seat education class is required. To sign up, call Member Services at 866-885-8880 (TTY 711)

Child and Teen Checkup Incentives

Baby Immunizations: Members receive a \$25 gift card if they receive the recommended series of vaccines by age 2.

Adolescent Immunizations Incentive: Adolescents, ages 11 and 12, who complete the 3 required immunizations (HPV, meningococcal and Tdap) will receive a \$25 gift card.

Hennepin Health

General Contacts

Member Services:

- 612-596-1036
- 1-800-647-0550

- TTY: 711 or 800-627-3529

Transportation:

- Call Hennepin Health Member Services
- Transportation is available for billable services such as medical, behavioral health/chemical dependency and dental appointments; Transportation is also available for WIC appointments. Please call Member Services for more information.

Interpreter:

- Call Hennepin Health Member Services for your spoken language and American Sign Language interpretation needs.

TTY/Hearing Impaired:

- 7-1-1 or 800-627-3529

Website:

- <http://www.hennepinhealth.org/>

Healthy Pregnancy

Information about Hennepin Health pregnancy related programs and benefits such as doula coverage, rides to appointments, and pregnancy related incentives is available at the [Prenatal Care website](#).

Ongoing care coordination for members' pregnancies occurs at Hennepin Healthcare Systems, North Point, and North Memorial clinic level. Hennepin Health members also receive pregnancy care from other systems such as [Allina Health](#) and [M Health Fairview](#).

North Point Health and Wellness Center

- 612-543-2500
- Visit [Pregnancy care web page](#) for more information.

Hennepin Healthcare Mother-Baby RedLeaf Outpatient Program:

- 612-873-MAMA (6262)
- motherbaby@hcmcd.org
- Visit [Redleaf Center for Family Healing website](#) for more information.

Hennepin Healthcare Mother-Baby HopeLine at RedLeaf:

- 612-873-HOPE (4673)

A warm line where individuals, families, and providers can receive telephone support and connection to

resources. The HopeLine is not a crisis line. It is a free, phone triage and resource line for families experiencing stress or challenges related to mental health during or after pregnancy while parenting young children. Callers leave a voicemail, and a mental health staff member will return calls within 2 business days.

North Memorial Family Birth Center:

- Maple Grove: 763-581-1000
- Robbinsdale: 763-520-5200
- Visit [North Memorial Pregnancy & Birth page](#) for more information

Project Child:

- A program for pregnant moms who are age 16 or older who need support for a substance-free pregnancy. Call 612-879-3609 to get started.
- Visit [Project CHILD website](#) for more information.

Flavors of Health (FOH) Program:

Pregnant Hennepin Health members and those up to 9 months postpartum are eligible for the Flavors of Health program. The program consists of 1-3 teaching kitchen classes offered at NorthPoint and Redleaf Center for Family Healing followed by 8 weeks of food delivery to the member's home. Find more information on [Take a cooking class and receive 8 weeks of free groceries website](#).

Incentives:

- Members can earn a \$75 gift card for a prenatal visit that occurs in the first trimester of pregnancy or within the first 42 days of enrolling in Hennepin Health.
- Members can earn a \$75 gift card if they have a postpartum care visit 7-84 days after the birth of their child.

Behavioral Health

- 612-596-1036
- 1-800-647-0550
- TTY: 711 or 800-627-3529

Member benefits include behavioral and mental health care coverage. Hennepin Health has an open network for behavioral and mental health care which means members can visit any provider. If someone is currently seeing a provider, they can stay with that provider. To see what services are covered, refer to the member handbook which is on the [Hennepin Health website](#).

Dental

Hennepin Health members can call Delta Dental for assistance in finding a dentist. Hennepin Health members received enhanced care coordination at Delta Dental, so when they call, they will receive hands-on, meaningful assistance in finding dental care.

- 651-348-3233
- 866-298-5549
- TTY users: 1- 800-916-9514

Incentives: Members aged 1-64 can earn a \$25 gift card for one dental visit each year by a network dentist. Rewards vouchers are available in English, Somali and Spanish. [Visit the Hennepin Health website](#) for the paper vouchers. The voucher can also be completed and submitted online through the link: [annual dental care visit voucher](#).

Nurse Line

HealthConnection:

- 1-888-859-0202

Tobacco Cessation

Telephonic Tobacco Cessation Program:

- Contact QuitPartner at 1-888-354-7526 or [the QuitPartner website](#). Culturally tailored programs are available for teens, pregnant people, those living with mental illness or addiction, and for American Indian members.

Hennepin Healthcare (HCMC) Tobacco Dependence Clinic:

- Call 612-873-6963
- Visit [Tobacco Dependence Clinic web page](#) for more information.

A personal quit plan will include:

- Behavioral counseling for how to manage stress, weight control, being around other smokers, and smoking triggers.
- Medications, including the nicotine patch, gum, inhaler, lozenge and nasal spray, Zyban (bupropion), and Chantix (varenicline).
- Frequent follow-ups to help you adjust and make sure you remain a non-smoker.

Car Seat

Car seats are no cost to Hennepin Health members who are at least 28 weeks pregnant, or children aged zero to eight. Children are eligible to receive a new car seat at each developmental stage through age eight (every three years) while they are Hennepin Health members. Contact one of Hennepin Health's car seat providers, Everyday Miracles, Milk Moms or NorthPoint Health and Wellness. If you receive your car seat from Everyday Miracles, your car seat will be delivered by a certified car seat technician who will install your car seat and show you how to use it. If you receive your car seat from Milk Moms, installation and instruction will take place at a clinic or delivered to the member. If you are a NorthPoint patient and receive your car seat from NorthPoint, installation and instruction will take place at the clinic. A technician visit or in-person lesson is a requirement to receive your car seat. Members could receive up to 3 car seats – a convertible seat, combination seat and a booster over 8

years.

NorthPoint Health and Wellness

1313 Penn Ave North
Minneapolis, MN 55411
612-543-2500

Everyday Miracles

1121 Jackson Street NE, Suite 100
Minneapolis, MN 55413
612-353-6293

Milk Moms

13783 Ibis St NW, Ste 200
Andover, MN 55304
763-259-8824

Child and Teen Checkups Incentives

Members can earn a gift card for the following visits and immunizations:

- \$75 gift card for completing six checkup visits by the age of 15 months.
- \$25 **each** checkup visit for a child at 15 months, 18 months, 24 months, and 30 months.
- \$25 gift card for completing their ten recommended immunizations by their second birthday.
- \$25 gift card for each annual visit for a child ages 3-17 years.
- \$25 gift card for each young adult preventive care visit ages 18 – 21 years.
- \$25 gift card for completing one meningococcal vaccine (MCV), one Tdap vaccine and two HPV vaccines before their 13th birthday.
- \$25 gift card if they are a Hennepin Health member at the time of the annual dental visit. (Members aged 1-64). The voucher can be [completed and submitted on-line](#).
- Check out the [rewards page at hennepinhealth.org](#) for more information and vouchers to print.

Medica

General Contacts

Member Services:

- 1-800-373-8335

Transportation:

Provide-a-Ride

- 1-888-347-3630, option 1
- Transportation is available for WIC appointments, please provide 2-3 days' notice prior to the appointment.

Interpreter:

- 1-800-373-8335
- Member Services will connect member with language needed

TTY/Hearing Impaired: 7-1-1

Website:

- www.medica.com

Healthy Pregnancy

Medica Pregnancy Program:

All pregnant members are eligible for the Medica Pregnancy Program. Members receive ongoing information and support for healthy pregnancy and beyond. Medica will conduct proactive outreach to offer the program to pregnant members. Members can also sign up by calling.

- 1-866-905-7430 (TTY: 711)
- For more information, visit the [Medica Pregnancy Program webpage](#)

Ovia Health Support App:

Medica also offers Ovia Health Apps to support women who are pregnant or considering becoming pregnant.

- Visit the [Medica Ovia Health](#) website for more information

Incentives Program:

Every pregnant woman may earn up to \$75 in incentives by completing recommended health care visits:

- Engagement with Ovia
- A prenatal exam within the first trimester of pregnancy, and
- A postpartum doctor visit within 7-84 days after delivery.

Notification letters are sent automatically to members with instructions on how to claim their incentive. For more information about pregnancy rewards, visit www.Medica.com/PMAPRewards.

Behavioral Health

- 1-800-848-8327
- Behavioral health and crisis support available 24/7

Dental

- 1-800-459-8574

Nurse Line

NurseLine by Health Advocate:

- 1-866-715-0915

Online Care:

- www.virtuwell.com

Tobacco Cessation

Telephonic tobacco cessation program:

Free, private, and non-judgmental quit support. Convenient telephone sessions with a health coach and nicotine replacement products (if medically appropriate).

- 1-866-905-7430 (TTY: 711)
- Medica Tobacco Cessation

Car Seat

All pregnant members 18 and older will be given a \$70 Healthy Pregnancy Allowance, which may be used to purchase baby related items such as car seats, diapers, wipes, and portable cribs. Items can be ordered from Walmart and delivered directly to the member's home (free delivery over \$35). To claim, member must report pregnancy to county or tribal worker.

Child and Teen Checkups Incentives

Children may receive a \$25 incentive for each checkup at these ages:

- Completion of 6 well visits by 15 months.
- Complete two Well visits between 16-30 months.
- Ages 3-21; complete annual C&TC visit (once per year for each C&TC visit).
- Completion of recommended childhood immunizations 0-2 years.
- Completion of recommended Adolescent Immunizations by 13 years old.

Dental Incentive:

- \$25 incentive by completing annual dental screening visit, all ages

For more information about C&TC rewards, visit www.Medica.com/PMAPRewards.

UCare

General Contacts

Customer Services:

- 612-676-3200
- 1-800-203-7225
- TTY/hearing impaired: 612-676-6810 or 1-800-688-2534 toll free

Health Ride

- 612-676-6830 or 1-800-864-2157
- Transportation is available for billable services such as medical and dental appointments; this typically does not include WIC appointments, please call for Health Ride for more information.

Interpreter:

- Member Services will connect member with language needed.
- Providers arrange interpreter services. Or if needed, members or their representatives may call Member Services for a list of UCare contracted interpreter agencies offering services in their county. DentaQuest arranges interpreters for any appointment they arrange via the Dental Connection line.

Website:

- www.ucare.org

Healthy Pregnancy

UCare's Management of Maternity Services (MOMS) program includes Pregnancy Advisor nurses who offer expert advice, support, answers to your pregnancy questions, and referrals to additional resources.

Pregnancy Advisor Nurse Line:

- 1-855-260-9708 (toll free)
- For more information on MOMS program, visit the [UCare website](http://www.ucare.org)

UCare offers:

- \$75 reward for an initial prenatal visit within the first 3 months of pregnancy, or within 42 days of enrollment
- \$75 reward for a postpartum doctor visit on or between seven days (1 week) and 84 days (12 weeks) after delivery
- MOMS handbook with resources and tips for a healthy pregnancy

UCare is transitioning to claims-based-reward-processing in 2026. Please allow 3-8 weeks for providers to submit a claim for the preventive care visit/screening. Members will visit ucare.org/member-login page, create or sign-in to their account, select the Health & Wellness section option, select the option to view available rewards and benefits, this will bring members out to where they can view their reward options under Health & Wellness Activities. Paper vouchers will not be accepted in 2026. To learn more, visit the [UCare Rewards website](#).

Moms Meals:

- Post-discharge meals for PMAP and UCare Connect members on an emergency, as needed basis. Includes 28 meals (14 days, 2 meals/day).
**Referred through UCare Care Coordinator or Case Manager.*

Behavioral Health

Member Services:

- 612-676-3200
- 1-800-203-7225
- TTY/hearing impaired 612-676-6810 or 1-800-688-2534 toll free

Dental

DentaQuest

- Medicaid (Medical Assistance) plan members call 1-888-227-3310 (TTY 1 800 466 7566)

Nurse Line

UCare 24/7 Nurse Line:

- 1-800-942-7858
- TTY: 1-800-688-2534

Online Care:

- www.virtuwell.com

Tobacco Cessation

Pregnant members, or members up to 12 months after giving birth, who use tobacco may be eligible for a \$25 gift card after completing an initial phone counseling session with the tobacco quit line.

Call the toll-free tobacco quit line: 1-855-260-9713 to schedule a counseling session. TTY 711.

Asthma Management

Asthma Management: Members ages 5 to 64 can enroll in the Asthma Program. To refer a member call: 612-676-6539 or 1-866-863-8303 or email disease_mgmt2@ucare.org. For additional program and eligibility information, visit [Managing Health Conditions website](#).

Health Coaching

Personalized health coaching, education, guidance, and support to help with chronic condition management including diabetes and heart failure. To refer a member call: 612-676-6539 or 1-866-863-8303 or email disease_mgmt2@ucare.org. For additional program and eligibility information, visit [Managing Health Conditions website](#).

Car Seat

Program provides free car seats and safety education to eligible UCare members who are pregnant (at least 7 months) or children up to age 9. UCare works with Public Health and other agencies statewide to give car seats and safety education to members. Pregnant members are eligible for 1 seat every 12 months. Children are eligible for 2 seats up until age 8 and a backless booster car seat between ages 7 and 9. UCare members should call the Customer Service number on the back of their ID card to get started.

Child and Teen Checkups Incentives

C&TC incentives include:

- \$50 gift card for members who have six CTC visits by age 15 months
- \$25 gift card for two CTC visits between 16 and 30 months
- \$25 gift card for yearly CTC visit with a primary care physician for eligible members, ages 3-21

Dental incentive:

- \$25 gift card per year for dental visit, all ages

UCare is transitioning to claims-based-reward-processing in 2026. Please allow 3-8 weeks for providers to submit a claim for the preventive care visit/screening. Members will visit ucare.org/member-login page, create or sign-in to their account, select the Health & Wellness section option, select the option to view available rewards and benefits, this will bring members out to where they can view their reward options under Health & Wellness Activities. Paper

vouchers will not be accepted in 2026. To learn more, visit the [UCare Rewards website](#).

