

# Support Planner Directory

The following directory is being provided by a group comprised of County Staff and Support Planners for the convenience of clients in need of a Support Planner to assist in CDCS planning. Dakota County is not affiliated with any of the specific providers listed below and cannot provide information as to the quality of the services provided. Up to date contact information is available at [Minnesota Board on Aging](#).

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## **A1 Support Planning LLC, \$65.00 per hour, All Counties Served**

Garfield, MN 56332

**Phone:** 320-815-2051

**Email:** [Dharmarus@outlook.com](mailto:Dharmarus@outlook.com)

**Planner(s):** Dharma Russell, Melody M., Nora B.

**Additional Details:** I serve all counties via telephone/video conferencing. I am an experienced support planner with a diverse background including customer service, durable medical equipment, home health and medical settings. I have over 15 years of experience in multiple medical settings and working with clients of varied medical and cultural backgrounds. My goal is to be able to help you remain living in your home with the support you need to live your best life. Let me help you in designing your unique plan tailored to your needs and goals.

## **A+ Support Planning, \$60.00 per hour, All Counties**

**Phone:** 612-251-9158

**Email:** [lagconsulting72@gmail.com](mailto:lagconsulting72@gmail.com)

**Planner(s):** Lisa Gray

**Additional Details:** My Why I became a support planner because I've lived through the chaos of the waiver process myself. When I was trying to navigate it for my own child on the spectrum, it felt like an uphill battle—confusing, overwhelming, and emotionally draining. That experience lit a fire in me to make sure other families don't have to go through it alone. I'm here to cut through the confusion, offer real clarity, and connect you to the services and resources that make a difference. This work is personal for me, and that's why I'm passionate about creating plans that reflect each family's unique journey and needs.

## **AB&B Services, \$75.00 per hour, All Counties Served**

509 Severn Way, Eagan, MN 55123

**Phone:** 651-955-3290

**Fax:** 651-222-9174

**Email:** [avopava@abb-services.com](mailto:avopava@abb-services.com)

**Website:** [www.abb-services.net](http://www.abb-services.net)

**Planner(s):** Planner(s): Catie T., Elise F., Cassie D., Nicole A.S., Christine W., Dawn T., Rachele C., Alicia V. Lindsey S., Erika S., Laurie L., Kristyn V., Emily R., Alicia S., Melanie G., Jen J., Jena H., Havilah M., Kelly T., Anna R., Kayla P., Megan S., Amanda S., Deborah P., Christina R., Jess T., Maria W., Ashley W., Rachel J., Caitlin M., Dana S., Shaula H.

**Additional Details:** Over 30 years of experience working with families and individuals with disabilities. Many of our planners are parents of an individual with special needs and/or experience in the field of health and human services. Experience in person-centered planning and FMS program models.

## **ABCA SP Services, LLC, \$75.00 per hour, Select Counties Served**

**“Acceptance Beyond Commitment for People with Abilities Support Planner Services”**

**Phone:** 612-414-1529

**Fax:** 612-605-5741

**Email:** [alexandriaxiongsp@gmail.com](mailto:alexandriaxiongsp@gmail.com)

**Website:** [www.abcaspservices.com](http://www.abcaspservices.com)

**Planner(s):** Alexandria X., Xeng H., Halena M., Skip L., Gina L., Maddie V., Scott P., Brad F., Tom I., Basia M., Angela L., Rachel W., Sarah H., Claudia H., Mahdi A., Jen M., Brad H., Angie G.

**Additional Details:** All counties except new CDCS participants in Henn. Co. Over 40+ years in human services, over 20+ years as a Support Planner company. Knowledgeable trainers in person-centered planning, communication/assistive technology, medical, home modifications and behavioral areas. Familiar with CDCS throughout the state (services in over 70+ counties) and the managed care agencies.

### **Abilities Support Planners, \$65.00 per hour, All Counties**

18140 Zane Street NW # 317, Elk River, MN 55330

**Phone:** 763-703-8532

**Email:** [dahirwarsame@abilitiesupportplanners.com](mailto:dahirwarsame@abilitiesupportplanners.com)

**Planner(s):** Dahir Warsame

**Additional Details:** Abilities Support Planners provides exceptional customer service and timely support to families and individuals with diverse needs. Led by a professional with nearly 30 years of experience in human services, including over two years specializing in support plan development, we bring expertise and compassion to every client interaction. Our goal is to create personalized, effective support plans that empower individuals and families to thrive.

We proudly serve individuals and families from mainstream cultures and immigrant communities, with staff fluent in English and Somali to ensure clear communication and cultural sensitivity. By fostering collaboration with families, caregivers, and community resources, we deliver reliable, high-quality services tailored to the unique needs of our clients. At Abilities Support Planners, we are committed to promoting independence, respect, and empowerment for every individual we serve.

### **Ability and Beyond, \$56.00 per hour, All Counties Served**

6355 Lake Sarah Heights Drive Greenfield, MN 55373

**Phone:** 763-242-1216

**Planner(s):** Tracy Bremel

**Additional Details:** Independent Support Planner who has worked in social services for over 25 years and been a Support Planner for the last 20+ years. I enjoy partnering with individuals and their teams to develop a creative plan that supports their unique needs.

### **Ability Care Services L.L.C., \$50.00 per hour, All Counties Served**

919 Old Highway 8, Suite 200 New Brighton, MN 55112

**Phone:** 952-564-1946

**Fax:** 952-443-8066

**Email:** [natalia.dunn@abilitycareservicesmn.com](mailto:natalia.dunn@abilitycareservicesmn.com)

**Planner(s):** Natalia Dunn

**Additional Details:** My name is Natalia Dunn, a certified Consumer Directed Community Support (CDCS) Planner at Ability Care Services. As a CDCS Support Planner, I have undergone rigorous training and certification by the Department of Human Services (DHS) to specialize in understanding the intricacies of consumer-directed community supports services, person-centered planning, and the comprehensive process of developing support plans. At Ability Care Services, we prioritize empowering individuals to create and implement their personalized community support plans, ensuring that each plan is person-centered and tailored to meet their unique needs and goals. With a background in housing stabilization services, I bring extensive experience in assisting individuals with disabilities and the elderly ensuring that their specific needs and circumstances are met with compassion and efficiency.

## **The Ability Connection, \$65.00 per hour, All metro counties served**

4127 Hillcrest Road, Wayzata, MN 55391

**Phone:** 612-926-4208

**Mobile:** 612-718-2283

**Fax:** 612-777-9671

**Email:** [gena@theabilityconnection.com](mailto:gena@theabilityconnection.com)

**Website:** [www.theabilityconnection.com](http://www.theabilityconnection.com)

**Planner(s):** Gena Elverhoy

**Serving:** All metro counties for in person, conference call and/or video chat. All other counties for conference call and/or video chat.

**Additional Details:** Gena is certified Support Planner and the founder of The Ability Connection. She is the parent of a daughter with autism and a neurodegenerative disorder with severe cognitive challenges. She has supported and advocated for her daughter for many years through Waiver services and CSG and CDCS programs. One of her favorite things about being a support planner is helping connect them with community activities, resources, services, and therapeutic items and services that will help support the unique needs of each child or adult on CDCS and CSG. In addition to this, she can help with new and renewal CDCS & CSG CSP's, Health and Safety Plans, Alternative Treatment forms, Changes and Addendums, Staffing Searches, Job Descriptions, Budget Management, and other services. We can meet and work together in a way that is easiest and most comfortable for you - in person, phone, email, conference call, video chat and text.

## **Ability Focused Collaboration, LLC, \$55.00 per hour, Most Counties in MN**

1410 5th Street SE, New Prague, MN 56071

**Cell:** 612-227-0870

**Fax:** 952-758-9397

**Email:** [JenniferLPickens@aol.com](mailto:JenniferLPickens@aol.com)

**Planner(s):** Jennifer L. Pickens, CDCS Certified Support Planner, Person Centered - Thinking & Planning Facilitator

**Servicing:** Phone and Video, Conferencing is NOW, utilized to safeguard clients from unnecessary exposure to illness/infection.

**Additional Details:** Jennifer has 13+ Years of Personal CDCS Waiver Experience. She specializes in the development of the following plans, (Health & Safety, Daily Care, Emergency, Individualized, Person Centered, etc.) With guidance by the client and their requested key care provider(s) utilizes the clients ADL's, Assessed Needs, while balancing the What's Important To and Important For Approach. Jennifer is able to develop a plan that supports the client's needs and wishes to provide the opportunity for community integration, involvement, inclusion, independence, support, safety, etc. She has a vast experience with assisting clients and their caregivers in finding and accessing resources that may be available to them based off of their determined needs and goals. It is Jennifer's mission to assist others in accessing the skills, knowledge and support necessary to live their best life!

## **Above & Beyond Abilities, \$70.00 per hour, Select Counties**

4050 Wells Lake Way, Faribault, MN 55021

**Phone:** 507-384-1969

**Email:** [sheana@ababilities.com](mailto:sheana@ababilities.com)

**Website:** [www.ababilities.com](http://www.ababilities.com)

**Planner(s):** Sheana Schlichter, Melissa Martinson, Amelia Salhus, Dakota Johnson, Lindsey Babcock, Betsy Rutt, Alyssa Somage

**Additional Details:** We serve most counties in Minnesota. Experience in county waiver case management as well as financial worker experience. Highly knowledgeable in county requirements for the CDCS programs, person-centered approaches, and providers. My background makes me a well-rounded choice for your support planning needs.

### **Accessible Support Planning, \$55.00 per hour, All Counties in MN (limited Henn. Co.)**

1021 N Garden St, #102, New Ulm, MN 56073

**Phone:** 952-688-7857

**Fax:** 651-389-9201

**Email:** [rebecca.accessible@gmail.com](mailto:rebecca.accessible@gmail.com)

**Website:** [www.accessiblesupportplanning.com](http://www.accessiblesupportplanning.com)

**Planner(s):** Rebecca Jump, Amy Zylstra, Luann Olen, Brenda Danielson

**Additional Details:** We are a team with over 25 years of experience in CDCS Planning and disability resources. We would love to help you navigate the systems to ensure you have the support that is important to you. We will serve all counties via telephone/video conferencing and will offer options of in person meetings within a reasonable distance of travel.

### **Access North Center for Independent Living, \$65.00 per hour, Select Counties**

1309 East 40<sup>th</sup> Street, Hibbing, MN 55746

**Phone:** 800-390-3681

**Fax:** 218-262-6677

**Website:** [www.accessnorth.net](http://www.accessnorth.net)

**Planner(s):** Kiri Basore, Jake Knaffla, Amber Pittman, Kaitlyn Thompson, Brittany Pope-Sears, Jon Rix

**Additional Details:** Northeastern Counties: Aitkin, Carlton, Cass, Cook, Crow Wing, Koochiching, Itasca, Lake Pine, and St. Louis. Access North has been providing independent living services to people living with disabilities based on consumer choice for more than 30 years.

### **Adelight Support Planner, \$65.00 per hour, All Counties**

7101 York Ave S, Suite 345, Edina, MN 55435-4409

**Phone:** 612-644-7273

**Email:** [sahmed@adelightsupportplannerllc.com](mailto:sahmed@adelightsupportplannerllc.com)

**Planner(s):** Samira Ahmed

**Additional Details:** Adelight Support Planner is dedicated to making the CDCS process simple, supportive, and empowering. With experience, I provide culturally responsive, person-centered planning that helps families understand the program and access the resources they need to thrive.

I am passionate about supporting Minnesota's multicultural communities, helping families navigate language and cultural barriers to gain confidence and clarity in directing their services. Fluent in Somali and English, I work closely with families to ensure they feel informed, heard, and empowered throughout their CDCS journey.

### **Adenquateservices, \$65.00 per hour, Select Counties**

**Phone:** 612-471-9686

**Email:** [Liban@adenquateservices.com](mailto:Liban@adenquateservices.com)

**Planner(s):** Liben Hassan, Guled Hassan, Adan Haji

**Additional Details:** We respond fast, get tasks done quick and understand your problems. Somali, Spanish, Chinese, Hmong, Oromo, Amharic, Swahili.

### **Ali Support Planner, \$45.00-\$55.00 per hour, All Counties**

2104 Park Ave, Suite 110, Minneapolis, MN 55404

**Phone:** 612-703-7799

**Fax:** 612-424-0914

**Email:** [alikhadary@gmail.com](mailto:alikhadary@gmail.com)

**Planner(s):** Alikhadar Yusuf

**Additional Details:** I am an independent Support Planner. I have over 12 years of experience with Home and Community-Based Waiver services and CDCS services. Extensive knowledge of disability and social service delivery systems, and community resources and services. I write an individualized person-centered plan as well as assist clients and their caregivers in accessing resources, providing advocacy, and monitoring implementation of the waiver. Bilingual: Somali/English.

### **All About You Support Planning LLC, \$65.00 per hour, All Counties**

817 Genes Rd SE, Alexandria MN, 56308

**Phone:** 320-304-1443

**Email:** [esorensonA4U@yahoo.com](mailto:esorensonA4U@yahoo.com)

**Planner(s):** Elisha Sorenson

**Additional Details:** My name is Elisha Sorenson, certified support planner with All About You Support Planning LLC. I enjoy working with people to ensure that their needs are met. I have 15+ plus of experience working with adults and children with both physical and mental health disabilities. My experience includes but is not limited to CTSS, ARHMS, ASD, and EBD in the home, community and school settings. I worked for several years in a level 4 program within the school system and was lead crisis response team member working with children with high emotional and behavioral needs. I have spent time as a Mental Health Practitioner, as well as a Special Ed Teacher. I have accumulated a vast knowledge in writing treatment plans and IEPs as well as CDCS plans. My goal is to make the process as stress free as I can for the families and providers that I work with!

### **All Love & Care LLC, \$50.00 per hour, All Counties**

8024 55th Ave N, New Hope, MN 55428

**Phone:** 612-735-2347

**Email:** [arwa@alcmn.com](mailto:arwa@alcmn.com)

**Planner(s):** Arwa Ahmed

**Additional Details:** We at ALC are fluent in Somali and English. We have a strong background in interpretation and translation. We have strong experience working with immigrants to help integrate them into their communities and overcome the language barrier. We have a great understanding of Person-Centered Service Planning, which helps the clients identify their needs and wants. Our goal is to ensure our clients understand Minnesota CDCS more clearly.

### **All-metro support planning LLC, \$45.00-\$60.00 per hour, All Counties**

1940 Hazen Street, Shakopee, MN 55379

**Phone:** 612-449-8813

**Email:** [Kocabdi@gmail.com](mailto:Kocabdi@gmail.com)

**Planner(s):** Abdi Kofiro

**Additional Details:** Rate varies depending on distance of travel from office to individual served. A Certified Support Planner at All-metro support planning can work with you to develop a community support plan that best meets your personal needs and goals. Provider has years of experience working with people with special needs. Working with this support planner, you will receive help to develop a community support plan, help to set your goals, help to monitor your support, help to recruit support workers, help to purchase services and more.

As a provider, I will be resourceful and respectful to you and your family. Support will be available to you when you need it. My core principles are equality and community inclusion. Fluent in English, Somali, and functional in other languages.

### **Almond Services, \$65.00 per hour, All Counties**

**Phone:** 240-381-9400

**Email:** [Almondservicesmn@gmail.com](mailto:Almondservicesmn@gmail.com)

**Planner(s):** Fatmata Bah

**Additional Details:** Almond Services brings over six years of experience in support planning and budget management, gained through working with a leading Financial Management Service (FMS) organization. We specialize in helping individuals and families navigate the Consumer Directed Community Supports (CDCS) program by identifying their goals, understanding available resources, and creating personalized plans. With a strong background in financial planning and community engagement, we have extensive experience working with both immigrant and non-immigrant communities. Our team is dedicated to bridging cultural and language gaps to ensure all families feel supported and empowered to take control of their care. At Almond Services, we prioritize clear communication and informed decision-making, providing compassionate, knowledgeable guidance to help families achieve their goals with confidence.

### **ASD Play, LLC, \$50.00 per hour, Select Counties**

**Phone:** 612-281-0866

**Website:** [asdplay.org](http://asdplay.org)

**Planner(s):** Jeremiah Scheel

**Additional Details:** Hennepin, Ramsey, Carver, Wright, Sherburne, Scott, Dakota, Washington, Chisago, Isanti, Kanabec, St. Louis, Carlton, Pine, Stearns, Meeker, Mcloud, Sibley. Tele-appointments are available so I am open to the whole state.

Since 2015 we have been providing professional solutions to the State of Minnesota and the community. Recently we have added CDCS Support Planning to our services. We are excited to share our strategic planning solutions and results-driven focus we bring to every client with you. We specialize in Autistic youth but have been trained as experts in the CDCS process and can guide you through all of your planning needs.

### **Aspire Support Planning LLC, \$60.00 per hour, All Counties**

#### **Accepting new clients**

1233 Crofoot Ave., Buffalo, MN 55313

**Phone:** 218-820-5332

**Email:** [lindsaytodd.aspire@outlook.com](mailto:lindsaytodd.aspire@outlook.com)

**Planner(s):** Lindsay Todd

**Additional Details:** With Aspire Support Planning, you will receive person-centered planning that will ensure the health, safety, and independence to continue to stay at home. I am an independent planner, who is passionate about your plan and will be a reliable team member.

### **At Home Support Planning LLC, \$65.00 per hour, All Counties**

**Phone:** 320-270-1797

**Email:** [Amberahsp@gmail.com](mailto:Amberahsp@gmail.com)

**Planner(s):** Amber Olson

**Additional Details:** Free consultation! With over 18 years experience in the field and almost 7 years most recently working in an FMS, I am proud to be deeply knowledgeable and well rounded when it comes to CDCS services. My passion is helping you stay At Home. I offer flexible meeting options and office hours that include some evenings and weekends. No task is too small and every question deserves attention, action and accurate answers. Let me help you master your CDCS journey!

## **A Beacon of Hope Support Planning LLC, \$55.00 per hour, All Counties Served**

Sartell, MN

**Phone:** 320-248-2177

**Email:** dalestacy68@gmail.com

**Planner(s):** Stacy Dale

**Additional Details:** I serve all counties via telephone, video conferencing or in-person within a limited travel area. I am a DHS Certified Support Planner with training in Person-Centered Planning and committed to high quality customer service. My years in Health Care, FMS (Financial Management Service) and Customer Service make me a well-rounded and compassionate advocate for disabled and elderly individuals utilizing CDCS Waivers. My experience in navigating DHS policy and collaborating with Lead Agencies is beneficial when I help you develop and implement your personalized Community Support Plan. I will ensure your plan is tailored to meet your assessed needs and goals so you can live your best life. Let me be your beacon of hope on your CDCS journey.

## **Beyle Support Planner, \$75.00 per hour, All Counties**

4040 W 31st Street, Suite 212, Saint Louis Park, MN 55416

**Phone:** 952-426-1885

**Cell:** 612-986-4144 (text or calls)

**Fax:** 612-587-1050 (Secured)

**Planner(s):** Liben Ahmed, Ismail Aden, Aswan Said

**Additional Details:** Beyle Support Planning has over seventeen years of experience working with individuals eligible for CDCS services. Our team consists of native Somali speakers who specialize in writing person-centered plans and supporting families in understanding the CDCS program, identifying their goals, and accessing available resources. We bring a strong background in banking, interpretation, and translation, with over twenty years of experience translating and interpreting between English and Somali. We are committed to helping East African and other immigrant communities in Minnesota overcome language barriers and gain a clearer understanding of the CDCS program.

## **Blaine Health - Support Planner, \$60.00, All Counties**

13250 Nassau CT NE, Blaine MN 55449

**Phone:** 763-318-5008

**Email:** [bhservicesmn@outlook.com](mailto:bhservicesmn@outlook.com)

**Planner(s):** Valentine Obwogi RN, BSN

**Additional Details:** As a Registered Nurse with 15 years of experience specializing in Assisted Living, Home Health Care, and Case Management, I bring a proven ability to deliver compassionate, person-centered care. My strength lies in performing detailed assessments of patients' physical, emotional, and environmental needs to craft customized care plans. With a solid background in care coordination, regulatory compliance, and patient advocacy, I effectively collaborate across interdisciplinary teams to connect clients with the right services. My expertise in developing and managing CDCS (Consumer Directed Community Supports) ensures optimal outcomes tailored to each individual's unique situation.

## **Dawn D. Bly, \$75.00 per hour, All Counties**

704 3rd Street NE, Fosston, MN 56542

**Phone:** 218-280-0575

**Email:** [dawndbly@mnsupportplanner.com](mailto:dawndbly@mnsupportplanner.com)

**Planner(s):** Dawn D. Bly, Education Consultant/Certified Support Planner

**Additional Details:** Over 28 years of experience working with families and individuals with disabilities. I'm a parent of an individual with special needs. I have worked in education for over 28 years. I'm willing to serve all

counties via telephone/video conferencing and will offer options for personal meetings within a reasonable distance of travel. (Located in Northwest Minnesota)

### **Chasing Dreams Support Planning, LLC, \$65.00 per hour, All counties**

**(no new Hennepin Co. clients unless already open to CDCS & have a service agreement in place)**

2915 S. Wayzata Blvd, Suite 310, Minneapolis, MN 55405

**Phone:** 612-346-2805

**Fax:** 612-545-4544

**Email:** [abby@chasingdreamssupport.com](mailto:abby@chasingdreamssupport.com) and [taylor@chasingdreamssupport.com](mailto:taylor@chasingdreamssupport.com)

**Website:** [www.chasingdreamssupport.com](http://www.chasingdreamssupport.com)

**Planner(s):** Abby Dreger, Taylor Cathey, Katie W., Glory B., Megan W., Amanda S.

**Additional Details:** Combined experience of 20 years, working with individuals using waivers and helping those with disabilities find the resources and support they need. Experience in waiver case management, direct service provider, waiver reassessments, and person-centered planning and writing. We will work hard for you and your family and will be a reliable member of your team.

### **Cindy Cherry-Gill, Certified Support Planner, \$65.00 per hour, All Counties**

555 10th Ave N., South St. Paul, MN 55075

**Phone:** 651-468-8654

**Email:** [ch3rry.5678@gmail.com](mailto:ch3rry.5678@gmail.com)

**Planner(s):** Cindy Cherry-Gill

**Additional Details:** I love working with families and using person centered thinking to develop creative and successful plans geared to help you live your BEST LIFE! After assessing your strengths, needs and wishes - the goal is to find resources and creative solutions for home & auto modifications, developing a care team, education & skill development, employment opportunities, music, art and hippo therapies, community activities and transition-age supports to find you an independence level that brings you joy and security. I have 3 degrees, in chemistry, communications and business. Much of my career was submitting regulatory documents to the FDA which fostered strong writing and documentation skills, medical terminology, HIPAA requirements and critical thinking skills. I believe in leadership through service, and am committed to continuous follow through with you, social workers, vendors and FMS services to help you achieve your BEST PLAN. We can work and communicate in a way that makes you most comfortable – in person, phone, email, text, video, or conference call.

### **Choosing Home Support Planning, \$60.00 per hour, Select Counties**

PO Box 189, Motley, MN 56466

**Phone:** 320-360-7737

**Web:** [www.choosinghome.net](http://www.choosinghome.net)

**Planner(s):** Carolyn Ouradnik, Elissa R., Carolyn O.

**Additional Details:** Able to serve areas of MN with emphasis on Central and Northern areas, my office is in Central MN. Able to meet in person, videoconferencing or by phone. I am an independent Support Planner who is committed to providing the most creative and positive future planning ideas. My years of experience encompass Support Planning, work as a Trainer with U of M /DHS for Person-Centered Thinking, and the ability and training to develop complete individual Person-Centered Plans. My focus began as a parent, work with educational teams, Support Planning and 10 yrs. experience in county-based systems. I 'meet' people and individuals where they are in their planning, life and vision. Experienced in finding resources, accessibility items, employment skill development / education ideas and items, training and education for individuals, families and support staff.

### **CMG Solutions, \$65.00 per hour, Select Counties**

4375 Kady Avenue NE, St. Michael, MN 55376

**Phone:** 612-704-8623

**Planner(s):** Carmen Gretton

**Additional Details:** Wright, Sherburne, Ramsey, No Henn. Co., Others by special arrangements. I am an independent Support Planner. I am the mother to 3 children, one with severe autism who has been on a waiver utilizing CDCS for 14 years. I specialize in families with special needs children and finding services that best meet their needs.

### **Compassionate Care Support Planning, LLC, \$50.00 per hour, All Counties**

715 Getty St S, Sauk Centre, MN 56378

**Phone:** 320-292-6420

**Email:** [Nicolebailey46@outlook.com](mailto:Nicolebailey46@outlook.com)

**Planner(s):** Nicole Bailey

**Additional Details:** My name is Nicole Bailey and I am an independent support planner with Compassionate Care Support Planning, LLC. I have 15+ years of experience working with people with special needs, including a child of my own. I understand the difficulty of trying to choose and navigate the different supports that waivers provide. I strive to create and implement a Community Support Plan that is tailored to deliver you with a meaningful lifestyle. I am passionate about creating positive relationships and would love to meet in person, but I am also available via a phone call or a zoom meeting. I will travel up to 60 miles and I am very responsive!

### **Country Services Inc., \$60.00 per hour, All Counties**

**Phone:** 651-231-6109

**Fax:** 651-998-0844

**Email:** [Denise.steans@countryervicesinc.com](mailto:Denise.steans@countryervicesinc.com)

**Website:** [www.countryervicesinc.com](http://www.countryervicesinc.com)

**Planner(s):** Denise Steans, LSW, Program Specialist

**Additional Details:** Bill in 15-minute increments. Counties outside metro will utilize phone and/or video. Country Services, Inc. is a small company that has been providing specialized social services in Minnesota for over 20 years. We at Country Services, Inc. are committed to providing support and services to individuals and families, allowing them to flourish, utilizing a person-centered approach with a focus on self-determination, choice and empowerment. We value the strengths afforded by differences and diversity. Treating people with dignity and respect is paramount to us. Many of our support planners are parents of a person who also utilizes the CDCS program.

### **Creating Possibilities Support Planning, \$60.00 per hour, All Counties**

148 Long St, Mankato, MN 56001

**Phone:** 507-508-7836

**Email:** [lmosenden@creatingpossibilities.net](mailto:lmosenden@creatingpossibilities.net)

**Planner(s):** Lori Mosenden

I have worked in the disability field for over 25 years and been a certified support planner for the past 10 years. I enjoy developing a creative, person-centered plan to meet the specific needs of clients & their families. I also have personal experience as a mother of a son with a Traumatic Brain Injury diagnosis.

### **Creatively Home, LLC, \$55.00-\$60.00 per hour, Select Counties**

6350 21st Ave SW, Pequot Lakes, MN 56472

**Phone:** 952-239-9083

**Email:** [creativelyhome@gmail.com](mailto:creativelyhome@gmail.com)

**Planner(s):** Carolyn Olijnek

**Additional Details:** I am located in Pequot Lakes and able to serve areas of MN with emphasis on Central and Northern areas. We can meet in person, through video conferencing, or via phone. With nearly 30 years of experience in education and 20+ years as a parent of an adult with special needs, I am committed to a person-centered approach. As an independent support planner, I work with the participant and team to listen and plan creative solutions for the most fulfilling living.

## **Dancing Dragonflies LLC, \$60.00 per hour, All Counties**

**Phone:** 507-430-8889

**Email:** [amy@dancingdragonflies.org](mailto:amy@dancingdragonflies.org)

**Planner(s):** Amy Reese

**Additional Details:** All Counties via Phone or Video. I love working with individuals and their families to assist with developing a plan that best suits their unique needs. I have an extensive background in the medical field and home care services and have worked with individuals with disabilities for over 25 years.

## **DBS Support Planner, \$50.00 per hour, Metro Counties**

2626 East 82nd St. Suite 200, Bloomington MN 55425

**Phone:** 612-961-2491

**Fax:** 612-437-4462

**Email:** [kofiroali@gmail.com](mailto:kofiroali@gmail.com)

**Planner(s):** Ali Kofiro

**Additional Details:** At DBS Support Planner LLC, you will find a multilingual support team who fluently speaks Somali, Oromo, Amharic, and English. Our team is highly trained in writing person centered plans and has detailed knowledge of working with individuals with disabilities and can advise on the best available options. Ali Kofiro is a certified Support Planner and the founder of DBS. He is also a licensed counselor and has spent more than 15 years as a counselor working with those who are in need. Being both professional Support Planner and a licensed counselor makes Ali uniquely qualified to handle CDCS waiver services.

## **DG Planning Solutions, LLC., \$55.00 per Hour, All Counties**

**Phone:** 651-214-4025

**Email:** [sarahd@dgplans.org](mailto:sarahd@dgplans.org)

**Planner(s):** Sarah DeMers, Michelle Grob

**Additional Details:** Sarah and Michelle are independent certified support planners with more than 16 years of experience writing plans. We are passionate about writing technical plans, researching policy, connecting clients with resources and supports, as well as advocacy. We have an adult son with profound and complex disabilities that has been on a waiver for many years, thus giving us firsthand and personal experience with waivers and the challenges families face. We provide services to all counties and all waiver types via telephone, email, or video conferencing. We pride ourselves on our client, case management, and social worker referrals as well as our attentive and quick response timeframes.

## **Excellence In Action, \$50.00 per hour, All Counties**

Certified CDCS Support Planner and Person-Centered Planner Facilitator

1334 Washburn Ave N, Minneapolis, MN 55411-2841

**Phone:** 612-558-5956

**Email:** [eia.cdcs@gmail.com](mailto:eia.cdcs@gmail.com)

**Planner(s):** Bonnie Jean Smith

**Additional Details:** All Counties: [Metro Counties and all others by special arrangement] - in person, through video chat or conference call. 20+ years experience writing Support Plans and IEP Plan's that are driven by each individual's personalized choice and control over their Independence, Productivity, Self - Determination, Integration, and Inclusion. Also a parent of two young adults with developmental disabilities.

## **First Choice LLC, \$55.00 per hour, All Counties**

17252 182nd Ave NW, Big Lake, MN 55309

**Phone:** 763-370-5309

**Email:** [levi@first-choicellc.com](mailto:levi@first-choicellc.com)

**Website:** [www.1st-choicellc.com](http://www.1st-choicellc.com)

**Planner(s):** Levi Conti

**Additional Details:** All Counties: in person, through video chat or conference call. I am an Independent Support Planner who has two children on different waiver programs. I have experience in CDCS and all waiver types. I am passionate about creating a plan that is person centered for individuals and take pride in working hard to plan supports that help individuals achieve the life they desire. I am flexible with creating meetings in a manner that best meets your needs whether in person, through video chat or conference call.

### **Five Arrows Support Planning Amanda Rueter, \$55.00 per hour, All Counties**

241 Creekside Drive, Eagle Lake, MN 56024

**Phone:** 507-382-9196

**Email:** [amandaruetter5@gmail.com](mailto:amandaruetter5@gmail.com)

**Planner(s):** Amanda Rueter

**Additional Details:** Five Arrows Support Planning serves all counties in Minnesota via telephone or zoom.

At Five Arrows Support Planning I strive to bring professionalism and understanding to each client I serve. As the mother of two children who receive CDCS services, I know how overwhelming it can be to navigate, not only the needs of your child/family member, but also the ins and outs of all the services they may be eligible for. I also bring the experience I gained being a former elementary teacher. My goal will always be to help you best meet the needs of your family member and help answer your questions and solve problems along the way.

### **Flex-Pac, Inc., \$75.00 per hour, Most Counties**

1202 Cherrywood Dr NE, New Prague, MN 56071

**Phone:** 952-758-3485

**Cell:** 952-297-7866

**Email:** [chrisbudgethelp@yahoo.com](mailto:chrisbudgethelp@yahoo.com)

**Planner(s):** Christine Loose, Elisabeth A., Angela G., Julie G. O., Ana K., Laura G., Bryce Hansen, Melissa M., Taylor H., Mary K., Essy D., Whitney T., Jenna A., Laura Z., Jamie B., Sarah V. Jackie B. Molly H., Eli M., Kyla Leasure, Jennifer O., Denise T., Debra M., Joyce I., Samantha M., Krista Kneeland-Pearson, Mackenna Sullivan

**Additional Details:** Flex-Pac, Inc. was founded by Christine Loose, mother of a son with autism who has been working in the field for over 17 years. Flex-Pac has support planners with specialties in the areas of: home modifications, cognitive/physical impairments, Autism, adult mental health and transition-age supports. We work with and have experience with all waiver types. Several support planners also have experience as lead agency employees and have an excellent understanding of how to write a person-centered CDCS plan with the individuals they serve.

### **For You, Support Planning LLC, \$65.00 per hour, Select Counties**

**Phone:** 320-808-6320

**Email:** [kristinablehr@outlook.com](mailto:kristinablehr@outlook.com)

**Planner(s):** Kristina Rice, Dharma Russell, Elisha Sorenson, Danielle Van Horn

**Additional Details:** Flexible. Over 16 years of experience working with families and individuals with disabilities.

Settings have included Direct Care staff, Supervisor of a group home, Service Coordinator at an FMS, and 5+ years as a Support Planner. I enjoy the one on one with the families and individuals that I serve.

### **Gathered Support Planning LLC, \$60.00 per hour, Select Counties**

**Phone:** 218-639-4180

**Email:** [gathered.sp@outlook.com](mailto:gathered.sp@outlook.com)

**Planner(s):** Kayla Ellenson

**Additional Details:** I am an independent support planner able to serve areas of MN with emphasis on Central and Northern areas, I am based in Central MN. I have 10 years of waiver case management experience within the county setting working with individuals with disabilities, support teams and professionals. I have a bachelor's degree in Social Work. I thrive to provide person centered services through support planning to each individual to

meet their specific needs. I have experience working as a part of a team to best serve individuals to help them reach their goals.

### **Graceful Guidance Support Planning LLC, \$60.00 per hour, All Counties**

**Phone:** 320-557-3200

**Email:** [gracefulguidance.dvh@gmail.com](mailto:gracefulguidance.dvh@gmail.com)

**Planner(s):** Danielle Van Horn

**Additional Details:** Subcontracting with Kristina Rice, For You, Support Planning LLC. My name is Danielle Van Horn and I have worked with people and families with disabilities for 20 years. Experience includes group home, in home, and school settings. I enjoy the one on one opportunities that support planning provides and love how rewarding it is assisting families and individuals in achieving the best possible plans for them.

### **Harmony at Home, LLC, \$55.00 per hour, All Counties**

PO Box 453, Frazee, MN 56544

**Cell:** 218-371-1647

**Email:** [harmonyathomellc@outlook.com](mailto:harmonyathomellc@outlook.com)

**Planner(s):** Elissa Hisgun

**Additional Details:** I am an independent Support Planner who is dedicated to providing person centered planning for individuals of all ages on CDCS and CSG. I have both personal and professional experience working with individuals with disabilities and the elderly. I love to work with families to help brainstorm unique supports to help individuals maintain their health and safety as well as allowing them to continue to live at home.

### **Harper, Angela, \$60,00 per hour, Select Counties**

**Phone:** 612-701-5096

**Email:** [angela.harper.sp@gmail.com](mailto:angela.harper.sp@gmail.com)

**Planner(s):** Angela Harper

**Additional Details:** Douglas Co., Grant Co., Otter Tail Co., Pope Co., Stearns Co., Stevens Co., Todd Co. As a CDCS Support Planner, I understand firsthand the challenges and triumphs of managing a support plan, both personally and professionally. With a 5-year-old who is autistic and has his own tailored support plan, I am deeply empathetic to the needs and experiences of families navigating similar journeys. In my role, I provide dedicated assistance in creating and implementing Community Support Plans (CSP's) under the CDCS program. My services include:

- Offering detailed information about CDCS, available provider options, and community resources.
- Assisting in writing a person-centered CDCS CSP that aligns with individual preferences and assessed needs.
- Personalizing the CSP to ensure it effectively addresses unique needs and goals.
- Supporting the implementation of the plan and helping with ongoing monitoring, evaluation, and revisions as needed.
- Aiding in the recruitment, screening, hiring, training, scheduling, and oversight of support workers.

You have the flexibility to determine how much assistance you need from me, ensuring a supportive and collaborative approach tailored to your specific circumstances. If you're looking for someone who truly understands what you're going through, please feel free to reach out.

### **Harry Meyering Center, \$60.00 per hour, All MN Counties**

**Phone:** 507-387-8281 (office) or 507-225-5030 (direct phone)

**Fax:** 507-345-1696 (direct fax)

**Email:** [supportplanner@harrymeyeringcenter.org](mailto:supportplanner@harrymeyeringcenter.org)

**Website:** [www.harrymeyeringcenter.org](http://www.harrymeyeringcenter.org)

**Planner(s):** Melissa Danks (program director), Jen Drganc (executive director), Alicia Fenner, and Kailey Kiecker  
**Additional Details:** Most counties (can be in person, zoom or by phone). Harry Meyering Center is a premier Support Planning service provider. Our staff have over 15 years of experience in Self-Directed Services including managing services for our own family members. We believe in a person-centered approach to services that includes choice, socially valued roles, and respectful communication. We produce detailed plans that will get approved by your lead agency the first time. Our Support Planners are responsive and available for consultation. We provide hundreds of resources to help you reach your dreams and focus on independence.

### **Heart and Soul Support Planner LLC, \$75.00 per hour, Hennepin and Anoka County**

Plymouth MN 55442

**Phone:** 612-323-0730

**Email:** [joyce.heartandsoul@gmail.com](mailto:joyce.heartandsoul@gmail.com)

**Planner(s):** Joyce Iyawe

**Additional Details:** Certified support planner who is passionate about supporting, advocating and assisting in the planning of individuals' directed care and personal needs. My bio: Educational background is in BS Psychology and Masters in Social Work. Previously worked as a Direct Support Staff in an ICF and Group homes. Also worked in the Social Service field as a Child Welfare Caseworker, Foster Care Caseworker and as a School Social Worker. I have been writing my adult child's CSP Plan for the past 20 years. I am passionate about working with and supporting families. I believe in creating teams to support the family and Individual's specific needs. My favorite phrase is "it takes a village."

### **In-Home Care LLC, \$65.00 per hour, All Counties**

2100 1st Ave South Suite 100, Minneapolis, MN 55404

**Phone:** 408-505-9131

**Email:** [saidbin@inhomecarellc.com](mailto:saidbin@inhomecarellc.com)

We provide hundreds of resources to help you reach your dreams and focus on independence.

**Planner(s):** Said Bin

**Additional Details:** As an Independent Support Planner, I bring a wealth of experience in social services, with expertise in CDCS and all types of waivers. My approach is centered around delivering personalized, client-focused support designed to help you reach your goals. Fluent in Spanish, Somali, Arabic, and English, I can provide support in the language that suits you best. I am flexible with meeting arrangements and can meet in person, via video chat, or over a conference call—whatever works best for you.

### **A Jeff Daiker Support Planning Service, \$65.00 per hour, All Counties**

**Phone:** (612) 229-4612

**Email:** [jdaiker23@gmail.com](mailto:jdaiker23@gmail.com)

**Planner(s):** Jeff Daiker, President

**Additional Details:** At A Jeff Daiker Support Planning Service, we pride ourselves on providing exceptional, person-centered support to individuals and families navigating Consumer Directed Community Supports (CDCS) and other waived services. With each of our Support Planners having over 30 years of experience in social services and CDCS, we hope to offer deep expertise, compassion, and dedication to every interaction. We are committed to listening closely, responding thoughtfully, and making your experience with government services as smooth and stress-free as possible. Every day, we strive to deliver the highest quality support—because your well-being is our purpose. Please don't hesitate to reach out if you have any questions! Thank you and we look forward to working with you!

### **J&J Support Planning, LLC, \$60.00 per hour, All Counties**

**Phone:** 320-291-2383

**Email:** [jcsplanners@gmail.com](mailto:jcsplanners@gmail.com)

**Planner(s):** Jessica Neal

**Additional Details:** 20 plus years of work with individuals with disabilities, waivers, and county services. Knowledgeable with medical terminology as well experienced in the emergency medical field. Personally experienced as a parent of medically complex children, individuals with ASD, FAS, RAD.

### **JMC Professional Support Services, LLC, \$60.00 per hour, All Counties**

10811 143rd Ave SE, Becker, MN 55308

**Phone:** 612-816-9051

**Email:** [Jmcservices77@gmail.com](mailto:Jmcservices77@gmail.com)

**Planner(s):** Julie Crane

**Additional Details:** I am an independent Certified Support Planner and currently serve all counties, and all waiver types. I offer telephone and/or virtual conferencing for all meetings. I also offer in person meetings if that is preferred, as long as they are within a 60-mile radius. My goal is to write person centered plans that will best fit my clients personal needs and goals. I am determined to help my clients find the resources that will help them thrive in their communities, as well as help them navigate the CDCS process.

### **Journey Support Planning Services, \$67.00 per hour, All 7 Metro Counties**

8398 Walnut St., Clear Lake, MN 55319

**Phone:** 612-544-4529

**Email:** [journeysps@outlook.com](mailto:journeysps@outlook.com)

**Planner(s):** Tijuana Pruitt, LSW

**Additional Details:** All 7 Metro Counties, Benton, Crow Wing, Isanti, Mille Lacs, Sherburne and Stearns, via telephone or video conference.

Your Life, Your journey, Your way.

Journey Support Planning Services brings experience, compassion, and creativity to the planning process. With over 10 years of experience navigating Medicaid programs and the disability waivers, I feel confident that we can work together to write the support plan that will work for you! I look forward to joining you and your family during this new adventure.

### **Just 4 U Support Services, LLC, \$60.00 per hour, Select Counties**

Brooklyn Center, MN 55430

**Phone:** 612-408-6837

**Email:** [just4usupportservices@gmail.com](mailto:just4usupportservices@gmail.com)

**Planner(s):** Angela Shonoiki

**Additional Details:** Servicing Anoka, Hennepin, Ramsey. I am an independent certified support planner. I have over 15 years experience working with individuals with a disability and their families on the CDCS program. I provide everyone with quality service and great communication.

### **Kathie LeRoy LLC, \$65.00-\$75.00 per hour, All Counties**

5340 Camden Avenue North, Brooklyn Center MN 55430

**Phone:** 651-270-3983

**Email:** [kathieroyllc@gmail.com](mailto:kathieroyllc@gmail.com)

**Planner(s):** Kathie LeRoy

**Additional Details:** My 15+ years of services navigation includes:

- Complex medical conditions, neurodiversity and physical disability
- Planning for big transitions, including age 18, divorce in the family and the move to independent living
- LGBTQ+ healthcare supports, including legal name changes
- Building and managing a 24x7 care team since the pandemic

My approach is all about making connections and building supportive waiver program plans so that people with disabilities and/or complex medical needs can access the services they need and have better, more supported and equitable experiences.

### **KHL Services, \$50.00 per hour, All Metro Counties**

**Phone:** 763-352-1537

**Email:** [Khlservicesinfo@gmail.com](mailto:Khlservicesinfo@gmail.com)

**Planner(s):** Veronica Rono

**Additional Details:** Navigating care and support services can be overwhelming – but you don't have to do it alone. Our **Support Planners** are here to help you take control, make informed decisions, and design a plan that fits *your* life. Also speak Swahili.

### **Krengel Support Planning, \$65.00 per hour, All Counties**

**Phone:** 651-243-0616

**Email:** [Jennifer.Krengel.SP@gmail.com](mailto:Jennifer.Krengel.SP@gmail.com)

**Planner(s):** Jennifer Krengel

**Additional Details:** I have 25+ years experience working with the disability community. Since 2019, I have worked at an FMS in addition to being a Certified Support Planner, gaining a lot of knowledge about Self Directed Services.

### **Let's Dream LLC, \$55.00 per hour, All Counties**

**Phone:** 218-464-2385

**Email:** [letsdreamllc@gmail.com](mailto:letsdreamllc@gmail.com)

**Planner(s):** Cheyenne Wilson

**Additional Details:** I am able to meet virtually or in person. I am a trained in person centered planning as well as person centered coaching. Past experience as a case manager and MnCHOICES Assessor gives me a well-rounded understanding of the CDCS program.

### **Life of My Own, LLC, \$50.00 per hour, All Counties**

2205 Shenandoah Ln N #114, Plymouth, MN 55447

**Phone:** 612-267-1519

**Fax:** 763-444-1837

**Email:** [betty@lifeofmyown.net](mailto:betty@lifeofmyown.net)

**Planner(s):** Betty Peterson

**Additional Details:** Over 20 years experience in disability field, autism certification, and special ed background. Flexible scheduling. 9 years exp. with plan development. Willing to work statewide. Video conferencing (need only webcam and med. quality internet).

### **Life Planning, LLC, \$70.00 per hour, Select Counties**

18125 Tulane St NE, Columbus MN 55025

**Phone:** 651-464-1621

**Email:** [marta@lifeplanning.co](mailto:marta@lifeplanning.co)

**Planner(s):** Marta Bradshaw

**Additional Details:** Servicing Anoka, Washington, Isanti, Chisago, Pine, Kanabec, Benton; Other Northern Counties by Special Arrangement through video conferencing or via phone.

I am an independent Support Planner. I have over 30 years of healthcare experience with special needs population of all age levels. Personally, I have 2 disabled children, 1 with autism and one with multiple disabilities. Both receive waived services. I work closely with Social Workers and Fiscal Management Services to ensure Client expectations and needs are met.

## **Mahad Support Planner LLC, \$65.00 per hour, All Counties**

**Phone:** 320-316-5364

**Email:** [hellomahad81@gmail.com](mailto:hellomahad81@gmail.com)

**Planner(s):** Mahad Mohamed

**Additional Details:** Mahad Support Planner has years of experience working with individuals eligible for CDCS services. Well-trained in writing person-centered community support plans. Have more knowledge and understanding in waived programs. Fluent in Somali, Oromo, and English language. We help families to more understand the programs, and identify their goals, and tell them other CDCS options available in order to achieve a greater independence.

## **MFT Services, LLC, \$50.00 per hour, All Counties**

355 Transit Avenue, Roseville, MN 55113

**Phone:** 651-484-2654 or 651-728-1448

**Fax:** 651-484-2654

**Email:** [mfthaoservices@gmail.com](mailto:mfthaoservices@gmail.com)

**Planner(s):** May Thao

**Additional Details:** Over 15 years of experience with Home and Community-Based Waiver services and CDCS services. Extensive knowledge of school and social service delivery systems, and community resources and services. Bilingual: Hmong/English.

## **Mighty Fortress Housing, \$55.00 per hour, Select Counties**

431 Egret Blvd NW, Coon Rapids, MN 55448

**Phone:** 480-587-3250

**Email:** [amber@mightyfortreshousing.org](mailto:amber@mightyfortreshousing.org)

**Planner(s):** Amber Griffin

**Additional Details:** Free Consultation. Minimum of 8 hours initial year. Service fee packages ask for more info. In Person and virtual – 7 county Metro Area, Milles County and Isanti County. Virtual- all other counties.

You Matter! Your needs and the quality of your every day matter! Amber Griffin is an excellent human service professional working creatively to meet the needs of the people she serves. Amber will educate and assist you in navigating the challenges of finding non-traditional services to improve your life. Amber believes that your strengths are more important than your barriers. Remote and In person services available.

**Credentials:** Certified Support Planner, Bachelor of Art in Human Service and Community Organization, Certified Peer Support Specialist, Person Centered Training, 20 Years of experience in the Human Service Field.

## **Minnesota Disability Support Alternatives (MNDSA), \$60.00 per hour, All Counties**

**Phone:** 651-317-4679

**Fax:** 651-560-5578

**Email:** [main@mndsa.org](mailto:main@mndsa.org)

**Website:** [www.mndsa.org](http://www.mndsa.org)

**Planner(s):** Kayla B., Sarah B., Stacy V., Nicole C., Peter C., Jennifer L., Lisa Z., Iman H.

**Additional Details:** ALL Minnesota counties, utilizing video or teleconferencing to reach rural areas that have little or no access to support planners. We are pleased to announce that we have a support planner that speaks both Somali and Arabic. Our staff have over 25 years of experience working with disabled individuals and their families. All of us either qualify as disabled ourselves or have a family member with a disability. This combination of professional and personal experience ensures that all our services are provided with a unique perspective. We believe that it is important for EVERYONE to have access to high quality support planning.

## **MKS Support Planning Services, LLC, \$50.00 per hour, All Counties**

**Phone:** 320-250-9831

**Email:** [MKSplanning23@gmail.com](mailto:MKSplanning23@gmail.com)

**Planner(s):** Melissa Schlueter

**Additional Details:** My name is Melissa Schlueter, I wanted to take a minute to introduce myself. I am a new Independent Support Planner with 17+ years of experience in advocating for children and other vulnerable populations to ensure each individual's rights and passions are protected. I am an expert at finding creative solutions to ensure the health and safety of individuals while helping create unique support plans which focus on reaching individual goals. I have a paraprofessional background which allows me to share a new perspective in understanding and managing undesirable reactions from individuals, while also remaining open-minded in all situations. I am passionate about helping others as I find it to be fulfilling and rewarding. I am flexible, patient and am currently accepting new clients in all MN counties.

## **Moe Support Planning Services (MSPS), \$60.00 per hour, All Counties**

14251 88th PL North,  
Maple Grove, MN 55369

**Phone:** 602-910-9728

**Email:** [Moerobin003@gmail.com](mailto:Moerobin003@gmail.com)

**Planner(s):** Robin Moe

**Additional Details:** I am a certified Consumer Directed Community Support (CDCS) Planner who has worked with families for over 25 years. I enjoy partnering with individuals, families, and their teams to develop person-centered plans advocating for their exceptional needs.

## **On Point Support Planning, \$60.00 per hour, All Counties**

**Phone:** 507-313-3488

**Email:** [jessi.onpoint@gmail.com](mailto:jessi.onpoint@gmail.com)

**Planner(s):** Jessi Watson, RN, BSN, PHN

**Additional Details:** Services can be provided via home visit, phone visit, or video visit. I have been a Registered Nurse for almost 20 years specializing in pediatrics, disabilities, advocacy, home care, and rehabilitation. I was a Public Health Nurse at the county for 5 years and worked "on the inside" with the waiver programs. Additionally, I have a child with complex needs that has utilized waiver services since 2015. I enjoy helping clients and families think creatively and outside the box to develop individualized care that meets their needs and keeps them safe in the home and community.

## **Kassim Osman, \$55.00 per hour, Metro Counties**

919 12th Ave SE unit 214, Minneapolis, MN 55414

**Phone:** 612-272-8031

**Email:** [Kamundu96@gmail.com](mailto:Kamundu96@gmail.com)

**Planner(s):** Kassim Osman

**Additional Details:** Disability advocate for over 10 years and experience in the provision and management of county service such as CDCS and other support services. Possesses strong work ethics and recognized for the ability to deliver results.

## **PCK Planning LLC, \$65.00 per hour, All Counties**

**Phone:** 612-405-0462

**Email:** [pckplanning@gmail.com](mailto:pckplanning@gmail.com)

**Planner(s):** Kelly Jansson

**Additional Details:** Servicing Wright, Meeker, Sherburne, and Stearns County In person, virtual or phone visits. Serving all other counties virtually or by phone. I am a parent of a child that is on a CADI waiver and we have been utilizing the CDCS option for over 8 years. I also have years of experience in the special educational field. I provide

exceptional customer service and assist all my families to find the resources they need to create healthy, safe lives while striving for feelings of fulfillment and joy. I take great pride in creating person centered plans that are unique to each individual, while creating positive relationships for all involved.

### **Planwrite, LLC, \$60.00 per hour, All Counties**

PO Box 46244, Plymouth, MN 55447

**Phone:** 763-442-0512

**Email:** [Planwritellc@gmail.com](mailto:Planwritellc@gmail.com)

**Planner(s):** Jessica Richter

**Additional Details:** All counties served by telephone or virtual and many served in person. Not serving Hennepin County at this time. Available to meet in person, virtually or by telephone. I have a Master's Degree in Child and Family Studies and previously worked in public education for over 20 years with children and their families in special education and general education. I am personable, positive and timely and I love to work with people of all ages on CDCS waivers.

### **PLAID Professional Services, \$50.00 per hour, All Counties**

PO Box 201, Pennock, MN 56279

**Phone:** 320-212-2222

**Email:** [PLAIDproservices@gmail.com](mailto:PLAIDproservices@gmail.com), [tammib@PLAIDProServices.net](mailto:tammib@PLAIDProServices.net)

**Website:** [www.PLAIDProServices.net](http://www.PLAIDProServices.net)

**Planner(s):** Tammi Buska (previously Boedigheimer)

**Additional Details:** I am an Independent Support Planner committed to providing quality services in assisting individuals in developing a Person-Centered plan that supports positive living, independence, and quality of life. Personally, I am a parent of three disabled young adults, two with severe autism who use CDCS and one with a traumatic brain injury. I am a nationally certified guardian, person-centered trained, PCA certified, have a master's degree in psychology and behavior analysis, and over 20 years experience working with systems that support people with disabilities (e.g. educational teams, county services, etc.). My combined knowledge as an involved parent of kids with severe disabilities, supporting other families in various ways, advocating for excellence and higher expectations, and all of my education can give individuals confidence in my abilities to serve them well as a support planner. My goal will be to learn what individual want in life and do my best to help them develop a plan that supports their goals, dreams, and expectations so they thrive and achieve living a life they desire. I can meet with you in-person, through video chat, or by phone; whichever is most convenient for you.

### **Plans by Amber LLC, \$72.00 per hour, All Counties**

1386 Lakeside Circle, Eagan, MN 55123

**Phone:** 651-746-9694

**Email:** [plansbyamber@gmail.com](mailto:plansbyamber@gmail.com)

**Planner(s):** Amber Cherrier

**Additional Details:** Plans by Amber LLC is owned and operated by Amber Cherrier. We are passionate at helping people meet their needs by helping them understand services offered through their waiver as well as community resources that may help them. We will take the time needed to explain everything so that you can make an informed decision about what you would like to receive through your CDCS budget. We are creative with finding alternatives to meet a person's needs. We help you navigate the initial set up, plan changes, and renewals. We will help advocate for you so that you can get the goods and services you need. We are passionate about advocating for equity and inclusion and will use that passion to help you.

Amber has worked with people with disabilities for 16 years and has been a Support Planner for people all over the state. Amber has also been a Case Manager in Dakota and Hennepin Counties. Amber has a child with Autism and knows CDCS and waivers both personally and professionally.

### **Polly Owens, \$50.00 per hour, Select Counties**

3315 42nd Avenue SE, Rochester, MN 55904

**Phone:** 507-259-0824

**Fax:** 507-289-0090

**Email:** [smilinglemur8825@gmail.com](mailto:smilinglemur8825@gmail.com)

**Planner(s):** Polly Owens

**Additional Details:** Olmsted, Dodge, Winona, Wabasha, Mower, Houston, Fillmore, Rice, Goodhue, Freeborn, Steele, Dakota, Hennepin, Ramsey. I have been a support planner for 10 years and have over 30 years experience assisting individuals in directing their supports. I am an experienced person-centered planning facilitator, trainer and advocate with a passion for helping individuals live their best life.

### **Professional Services Group, \$55.00 per hour, Metro Counties**

2520 W. Larpenteur Ave., #100, Lauderdale, MN 55113

**Phone:** 612-250-9590

**Planner(s):** Mohamed Yarow

**Additional Details:** All metro counties, Stearns, Sherburne, Rice, Olmstead, and Blue Earth.

### **Professional Support Planning Services, LLC, \$65.00 per hour, Select Counties**

**Phone:** 320-309-5255

**Fax:** 320-338-7165

**Email:** [PSPStoday@gmail.com](mailto:PSPStoday@gmail.com)

**Planner(s) and Administrative Staff:** Kelly Pennie, Savannah Landwehr, Tyler Clinstman, Jeannette Johns, Katylia Clintsman

**Additional Details:** We have been utilizing CDCS for over 14 years. We provide exceptional customer service and assist all clients in finding resources they need to create healthy, safe lives while striving for feelings of fulfillment and joy. We take great pride in creating person centered plans that are unique to each individual, while creating positive relationships for all members of each client's team.

### **Ramaker Disability Consulting, \$55.00 per hour, Select Counties**

Rochester, MN

**Phone:** 507-513-8287

**Email:** [chadramaker@gmail.com](mailto:chadramaker@gmail.com)

**Website:** [ramakerconsulting.com](http://ramakerconsulting.com)

**Planner(s):** Chad Ramaker, MSW

**Additional Details:** Servicing Blue Earth, Carver, Dakota, Fillmore, Freeborn, Goodhue, Houston, Mower, Nicollet, Olmsted, Ramsey, Rice, Scott, Washington, Winona. Chad has over 20 years of experience. He has a Masters' of Social Work from the University of Minnesota and a BA in Social Work and Psychology from Bethel University. He has worked as a county supervisor for 8 years supervising the Developmental Disability Waiver, He spent 11 years providing 245D residential services. He is trained in Positive Behavioral Supports and in person-center planning through the University of Minnesota, Institute on Community Integration. He also has training from the Humphrey Institute, Future Services, Equity Works Curriculum.

### **Remarkable Care Planning LLC, \$50.00 per hour, Select Counties**

2500 Nathan Ln N. #131, Plymouth, MN 55441

**Phone:** 612-366-5336

**Email:** [remarkablecareplanning@yahoo.com](mailto:remarkablecareplanning@yahoo.com)

**Planner(s):** Dakisha L. Whitson

**Additional Details:** Metro Area

## **Rise Support Planning, \$60.00 per hour, All Counties Served outside of Nicollet County**

Saint Peter, MN 56082

**Phone:** 507-381-0995

**Email:** [risestpeter@gmail.com](mailto:risestpeter@gmail.com)

**Planner(s):** Heather Pengilly

**Additional Details:** I have over 7 years of experience as an Aging Services Case Manager including several years of involvement with CDCS plans and clients. I have been a Registered Nurse for 11 years and worked in many specialties including clinic, oncology, hospital, home health as well as in the nursing home and customized living settings. I have a passion for advocating for others. I want to be a liaison to those in need of help with the process between requiring a service and getting the service put in place. This journey can be so overwhelming and I want to advocate for you (or your loved one) to ensure you have access to the support and resources you need to live your best life. I look forward to working with you to create a CDCS support plan with services in place to meet your health and safety goals.

## **River Bend Services LLC, \$65.00 per hour, All Counties Served (Outside of Goodhue County)**

Red Wing, MN 55066

**Phone:** 651-212-5011

**Email:** [referrals@riverbendservicesmn.com](mailto:referrals@riverbendservicesmn.com) **Website:** [riverbendservicesmn.com](http://riverbendservicesmn.com)

**Planner(s):** Ty Rabehl & Rita Rabehl

**Additional Details:** River Bend Services LLC, is a dedicated CDCS Support Planning provider serving individuals and families across Minnesota. River Bend Services accepts all waiver types and works with individuals across the state. Our focus is on delivering quality, person-centered support planning that empowers our clients to live meaningful and self-directed lives. We currently have several dedicated CDCS planners who have a combined 15+ years of experience at the County level providing person first services.

## **SHINING LIGHT SERVICES, \$55.00 per hour, Twin Cities/Metro Counties**

**Phone:** 763-412-2498

**Email:** [smithrosalinda13@gmail.com](mailto:smithrosalinda13@gmail.com)

**Planner(s):** Rosalinda Smith

**Additional Details:** With 20 years of hands-on healthcare experience and a decade leading home care operations as a General Manager, I bring heart, strategy, and precision to every care plan I create. I believe support planning isn't just about services — it's about building lives that feel supported, seen, and in control. My mission: to help every individual design care that truly fits them. I am available in-person, virtual, and/or by phone.

## **Silver Lining Planning Service, \$70.00 per hour, All Counties**

**Phone:** 320-310-7677

**Fax:** 844-222-4525

**Email:** [patti@cdcsplanning.net](mailto:patti@cdcsplanning.net)

**Website:** [www.cdcsplanning.com](http://www.cdcsplanning.com)

**Planner(s):** Patti Sexton, Anita B., Summer R., and Mariah B.

**Additional Details:** Silver Lining Planning Services is committed to serve individuals across Minnesota. We are a team of social workers and certified support planners who are dedicated to helping individuals and families build meaningful, personalized plans of support. We offer flexible meeting options—in person, by video, or by phone to

ensure accessible and convenient support for you or your loved ones. With years of experience as Care Coordinators/Case Managers, we bring deep knowledge of CDCS support planning for individuals participating in waiver or AC programs. Advocacy is at the core of what we do. We understand the complexities of navigating services, and are committed to helping you feel heard, empowered, and continuously supported throughout your journey with us. We strive to develop solutions that are creative, comprehensive, and tailored to your unique needs and goals. We have specialized training and expertise in person-centered thinking and planning, gerontology and age-related needs, and in connecting individuals with valuable community resources. We are committed to continuous learning and tackling challenges through creative, practical solutions. At our core, SLPS exists to empower you to live safely, independently, and with dignity in your home. We strive to promote health, well-being, and autonomy through thoughtful, comprehensive, and truly person-centered planning. Our team would love to work alongside you and assist you with finding and securing the supports needed for your health, safety, and quality of life.

### **Southeastern Minnesota Center for Independent Living (SEMCIL), \$60.00 per hour, Select Counties**

2720 N. Broadway, Rochester, MN 55906

**Phone:** 507-285-1815

**Fax:** 507-288-8070

**Planner(s):** Melissa Cummins

**Additional Details:** Rice, Steele, Freeborn, Mower, Dodge, Goodhue, Wabasha, Olmsted, Winona, Fillmore and Houston

### **Southern Minnesota Independent Living Enterprises and Services (SMILES), \$60.00 per hour, All Counties**

709 So. Front St., Suite 7, Mankato, MN 56001

**Phone:** 507-345-7139

**Fax:** 507-345-8429

**Web:** [www.SMILESCIL.org](http://www.SMILESCIL.org)

**Planner(s):** Erica Rewitzer, Molly Barber, Brook Morris, Fawn Jes

**Additional Details:** We serve all counties in MN for CDCS. SMILES has been providing independent living services to people with disabilities for more than 20 years.

### **Southwestern Center for Independent Living (SWCIL), Select Counties**

109 S. Fifth Street, Suite 700, Marshall, MN 56258

**Phone:** 507-532-2221

**TTY:** 507-532-2221

**Fax:** 507-532-2222

**Web:** [www.SWCIL.com](http://www.SWCIL.com)

**Planner(s):** Linda Halbur, Program Mgr., LSW

**Additional Details:** Servicing Cottonwood, Jackson, Lincoln, Lyon, Murray, Nobles, Pipestone, Redwood, Rock, and Yellow Medicine Counties. SWCIL has been providing independent living services to people with disabilities based on consumer choice for more than 25 years.

### **Support Broker Services, LLC, \$70.00 per hour, Select Counties**

6536 Kenwood Rd., St Cloud, MN 56303

**Phone:** 320-282-9331

**Planner(s):** Teri Bierman, Jenni Olson, Jennifer Wahl, Judy Hackett, Stacey Barrow

**Additional Details:** Support Broker Services, LLC was founded by Teri Bierman, the mother of a medically fragile daughter. A former educator, she also has 17+ year experience working with individuals and families choosing to direct their own care. Our team has the ability to serve all areas of MN. We specialize in Central and Northern areas. We offer to meet in person (within 60 miles), via video chat or by phone. Support Broker Services has support planners who specialize in the areas of complex medical needs/ home care, elder care and aging in place, home modifications, cognitive/physical impairments, Autism, and transition-age supports including writing MICC plans. We work with and have experience with all waiver types. Several support planners also have experience as lead agency employers and as educators. We are independent Support Planners who are committed to providing creative, person-centered planning ideas and positive support teams to help meet the individual needs of each person being served.

## **Support North, \$60.00 per hour, All Counties**

Brainerd Lakes Area

**Phone:** 218.855.9617

**Email:** [suzannemeyer@supportnorth.com](mailto:suzannemeyer@supportnorth.com)

**Website:** [www.supportnorth.com](http://www.supportnorth.com)

**Planner(s):** Suzanne Meyer, Certified Support Planner

**Additional Details:** Servicing all MN Counties with emphasis on Central and Northern areas. With over 30 years experience in healthcare, I bring a wealth of knowledge to the table as an independent Certified Support Planner. Two decades of my career has been dedicated to homecare and long-term care, where I've worked behind the scenes in administration and also directly with individuals of all ages and disabilities. My personal experiences, including caring for my mother with Alzheimer's and my grandson who has a severe case of Autism, have shaped my journey and inspired me to become a support planner myself. I excel in thorough research, resource discovery, and crafting personalized, person-centered plans tailored to your unique needs and aspirations. With my background in psychology, administration, and writing, I offer a diverse skill set to support you on your journey. With Support North, you're not just getting a planner – you're gaining a compassionate ally dedicated to helping you achieve your personal goals. Let's work together to navigate this journey with care and understanding. Virtual, phone, and in-person visits available (within 60 miles).

## **Support Planner Solutions, LLC, \$60.00 per hour, Select Counties**

8088 112th St NW, Annandale, MN 55302

**Phone:** 507-317-3771

**Fax:** 320-323-4450

**Email:** [mhadfield.spsolutions@outlook.com](mailto:mhadfield.spsolutions@outlook.com)

**Planner(s):** Melissa Hadfield

**Additional Details:** Servicing Wright, Sherburne, Stearns, Benton, Todd and Meeker counties and other counties by special arrangement. I am an independent Support Planner and parent of 2 children who have been using CDCS waived services since 2012. I strive to help my families find the resources they need to live better lives and thrive at home by establishing personal goals and creating a person centered CDCS plan. I am experienced with nursing level of care, behavioral resources and planning for home modifications.

## **Shanasha Whitson, MA, LSW, MA Community Partnership Collaborative 2.0, \$65.00 per hour, All Counties**

3210 Oliver Avenue North, Suite 3, Minneapolis, MN 55412

**Phone:** 612-481-3577

**Fax:** 612-200-8655

**Email:** [cpc@cpcmn.org](mailto:cpc@cpcmn.org)

**Planner(s):** Shanasha Whitson

**Additional Details:** Shanasha Whitson is a culturally competent and culturally responsive CDCS support planner with an office in North Minneapolis and a satellite office in Crystal Minnesota and Brooklyn Center Minnesota.

Shanasha has a bachelor's degree in psychology with a minor in criminal justice and a master's degree in psychology from Saint Mary's University of Minnesota in the areas of licensed professional clinical counseling and licensed alcohol and drug counseling. Shanasha has worked in and around the community for more than 15 years specific to community health and the social determinants of health. Shanasha provides CDCS Support planning services from A-Z. Shanasha works with the LGBTQ, BPoC, families, the Autistic Community, the Elderly, Families from every walk of life and Individuals with specific/unique needs.

### **Tammy Hammer Support Planning, \$60.00 per hour, All Counties**

3408 Rivershore Drive, Moorhead, MN 56560

**Phone:** 218-329-2671

**Email:** [tammyhsp24@gmail.com](mailto:tammyhsp24@gmail.com)

**Planner(s):** Tammy Hammer, CDCS Support Planner

**Additional Details:** My name is Tammy Hammer from Moorhead, MN. I am an independent, certified CDCS Support Planner with over 8 years of experience. My degree as a social worker, along with my personal and professional experience has given me a compassionate ability to focus on helping and advocating for individuals with special needs and the elderly population. I have experience working with all waivers and am flexible with scheduling. I can do meetings via phone, video chat or in person. My goal is to: provide each individual/family with precise information about the CDCS program and its requirements, to aid in creating a unique person-centered plan, to make the process of creating the plan go smoothly and efficiently for each client, to create positive relationships and communication for all members of each client's team.

### **Winding River Services, LLC, \$60.00 per hour, Select Counties**

1454 97th Ave NW, Coon Rapids, MN 55433

**Phone:** 763-486-9916

**Email:** [elisabeth@windingriverservices.com](mailto:elisabeth@windingriverservices.com)

**Website:** [www.windingriverservices.com](http://www.windingriverservices.com)

**Planner(s):** Elisabeth Adams

**Additional Details:** Anoka, Hennepin, Ramsey, Washington. All other counties by special arrangement. With over 10 years of experience in waiver programs and support planning, Elisabeth specializes in working with individuals with autism and their teams as well as consumers with physical disabilities. She has considerable experience with home and vehicle modifications and behavioral resources. Elisabeth initially came to CDCS as the parent of a child with multiple physical and cognitive disabilities, and she understands the process from both a professional and personal perspective. She brings 20 years of professional writing and education administration experience to her support planning business and is committed to achieving creative and positive person-centered results and plans for her clients.

### **XK Equitable Care Services, \$65.00 per hour, Select Counties**

3610 North 6th Street, Minneapolis, MN 55412

**Phone:** 612-802-6299

**Fax:** 612-802-6299 (please call 1st to connect to fax)

**Email:** [Yenvisetx@gmail.com](mailto:Yenvisetx@gmail.com)

**Planner(s):** Yenviset "Yen" Xiong

**Additional Details:** Servicing counties within 2.5-hour drive of Twin Cities. Over 12 years of support planning experience in providing personalized services to individual person or family in need of independent living services and support by using the person-centered approach or principles to writing the individualized support plan and budgeting. Knowledge and skills in facilitating, coordinating, recruiting workers, referral to community resources, inclusion, obtaining employment, and many other social service spectrum. Certified Global Career Development Facilitator, HIPPA certification, Financial Counselor and Career Counselor Certification, BSW with more than 16 years of work experience in social work practice.

## **Your Direction Support Planning and Services, \$65.00 per hour, All Counties**

10409 Windrose Curve, Elko, MN 55020

**Phone:** 612-222-2378

**Email:** [Stacy@ydsupportplanning.com](mailto:Stacy@ydsupportplanning.com)

**Planner(s):** Stacy, Alexis, Dorothy, Gina, Francie, Janet, Megan, Teagan and Bria.

**Additional Details:** We are a group of Independent Support Planners with planners who have worked in social services for over 20 years. Rebranded from Prouty Support Planning in September 2022, we have been support planning for over ten years. We have experience in CDCS and all waiver types. We are passionate about providing services that are person centered, responsive and focused on achieving your goals. We are flexible and able to arrange meetings in the manner that best meets your needs-- in person, through video chat or conference call.

## **Yusra Services, Inc, \$65.00 per hour, All Counties**

7101 York Ave S, Suite 220, Edina, MN 55435

**Phone:** 952-297-7468

**Fax:** 952-513-4615

**Email:** [hmohamed@yusraservices.com](mailto:hmohamed@yusraservices.com)

**Planner(s):** Hassan D Mohamed, Naomi Mbugua

**Additional Details:** Yusra Services Inc has years of experience working with individuals eligible for CDCS services. We have helped families understand the program and identify their goals and resources available. We have a strong background in economics, business management, taxes, interpretation and translation. We speak Somali, Amharic, and Oromo languages and help communities from East Africa and greater Minnesota to more clearly understand the CDCS program. We help families overcome language barriers. We have over 20 years experience interpreting and translating English to Somali, Oromo, Amharic and Kiswahili languages (commonly known as the Swahili language).